

# Vera Thomson English School

APRIL NEWSLETTER 2022

WE ARE SPECIAL CAMP

Organised by

THE COACHING FIRM

On 10<sup>th</sup> & 11<sup>th</sup> April 100 students from our school took part in the Camp. These students were divided into 10 groups of 10.



They learned about getting to know their group. Social and Emotional learning competencies. Self management – managing emotions and behaviour to achieve one’s goals. Social Awareness – showing understanding and empathy for others.

Relationship skills – forming positive relationships, working in teams, and dealing effectively with conflict.

**Lintha Village, Thandwe Township, Rakhine State, The Union of Myanmar.**

The Vera Thomson English School is part of The Andrew Clark Trust, a charity registered in England,  
Registration Number: 1104134 | [www.myanmaraid.org.uk](http://www.myanmaraid.org.uk) | •email: [info@myanmar-aid.org](mailto:info@myanmar-aid.org)

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Responsible decision making – making ethical constructive choices about personal and social behaviour. Self awareness – recognising one’s emotions and values as well as one’s strengths, weaknesses, and challenges. It is all about connecting our hearts and minds.

To be good communicators, we should always listen with understanding, be respectful, be responsible, be resilient.

How to dance and sing together.

Encourage their families and community to do their part in conservation.

Our students had a lot of fun but at the same time they learnt many valuable life skills.



OUR GRATEFUL THANKS TO JAY RAHIMAN AND HIS TEAM

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AT THE COACHING FIRM FOR ORGANISING THE CAMP.

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