

The Andrew Clark Trust

February Newsletter

TW/news/28/02/2026

Saturday, 28th FEBRUARY 2026

Dear Sponsors and Supporters.

Hello. I do hope that all is well with you, and that you will have found some interest in last month's newsletter. I thank you for taking the time to read them and once again, I am grateful to those of you who so kindly sent me messages of support. It means an awful lot and is much appreciated. Thank you.

As I sit and write to you here today, I think of all the many happy enjoyable days we have spent at our school over the years and wonder how much longer it will be before we can know for sure when our school can re-open and when all the joyful laughter of the children can be heard around the playground once again. The thought and excitement of that day is without doubt one to look forward to and to cherish, and we hope more than anything it will be soon. Perhaps the 'fire horse' that I wrote about last month will gallop along and bring us some long-awaited news before too long.

Sadly, I have little direct news of brightness from Lintha that I can write and tell you about just now and I am sad and sorry about that. However, I am including some recent updates from three of our super-students as they continue on their learning pathways at their universities. Do enjoy their stories. I will hope that there will be some news of our food aid very soon but in the meantime, ask that you stay with us as we journey through these continuing difficult times. We will do whatever and wherever we possibly can to help.

I have however heard back from my dear friend Khine at the Mitterwaddy after I had enquired as to how everyone was. She told me that when she had let our old friends know that I had asked of them, there was an 'excitement' amongst the ladies who asked her if it could be their turn to 'be famous around the world'. So, on the following page I am going to make their little wish come true and include the four ladies who were chosen, each of them wearing their favourite hats or bonnets. Smile please ! 😊

As the days go by, I really hope that we will soon see some warmer days and some more sunshine to brighten the weeks and months that follow. February is over and springtime will shortly be welcomed after what seems to have been here in the UK, and many other places around the world too, a long and very cold winter - and then shortly after, Easter will be here and celebrated around the world.

When thinking of the seasons and celebrations in Myanmar, the next major event there will be Thingyan - the Myanmar Water Festival - that celebrates the Myanmar new year. Ordinarily, it is a national celebration indeed and certainly one to experience, but one lesser-known event that is marked each year on 2nd March, is when Myanmar 'Peasants' Day' or 'Farmers' Day' is recognised. Founded in 1965, it was designated a public holiday said to honour the farming and agricultural community's contribution to the nation's economy and to recognise the hard work of farmers who make up a significant part of the population. What therefore should be a day of thanks is likely to be a very quiet and understated event due to the current situation. The hard-working farmers of Myanmar are amazing, and they truly deserve all the recognition for their tiresome work in the fields. Their current struggles are magnified when in many cases their farms are having to be left to the elements and hunger is rife when usually, rice and vegetables would be in abundance and daily markets busy with people. Homes and fields are empty and those that shelter don't know when they will next eat.

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It is heart wrenching to think of so many people who are hungry, really hungry. It is even more heart wrenching to physically see the hunger in people, see it in their eyes, and to understand and know deep inside just how grateful they are for any amount of help one might be kind enough to offer. It is the most humbling of experiences that lives with you forever. Truly it does.



I hope that you will find my newsletter of interest again. From the bottom of my heart, I send you my sincere thanks for being such an important part of our charity and our work. We really couldn't do what we do without you. Thank you.



With my love and gratitude.

Tilly

Tilly Wilkinson
Trustee Administrator.

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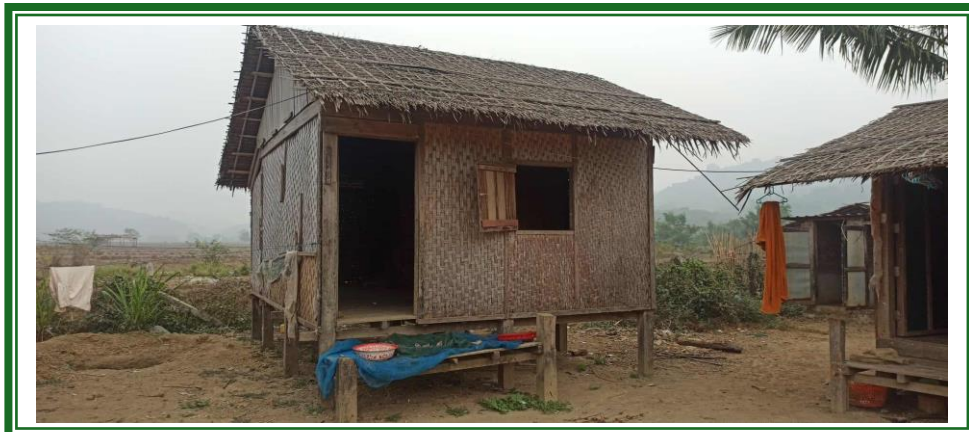
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In Myanmar, Peasants' Day or Farmers' Day (Taungthu le'thama nei) is celebrated each year on 2nd March



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Homes around Lintha, quietly longing for their families to be able to safely return



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DAW THEIN HAN is 78 years old and she originates from Thabyuchoung Village Thandwe. She has been living at the Mittarwaddy since 8 July 2022. Daw Thein Han was a farmer.



DAW HLA KYI is 89 years old and she comes from Sin Kaung Village, Thandwe. She sold dried fish until she arrived at the Mittarwaddy on 24 August 2022. She has two sons but they cannot support her



DAW MA THAY PHYU is 77 years old and comes from Yan Byal Township. She began her stay at the Mittarwaddy on 1st November 2021. Previously she sold dried fish.



DAW SAW THEIN is 82 years old and lived in Linthar village, Thandwe where she was a fisher woman before coming to the Mittarwaddy on 8th April 2023. She has two daughters, but they cannot support her.

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Monthly Newsletter



This month, I have been learning about Geriatric Medicine, which has been especially meaningful to me. I have a 92-year-old grandfather who needs attentive care, so studying elderly patients feels both academic and personal.

I am learning about frailty, aging, social care, assessment tests, atypical presentations, and the emotional aspects of caring for older adults. This has deepened my awareness of how careful and thoughtful assessment is essential in geriatric care.

I also had a wonderful time participating in the 99th Anniversary of Yangon Medical University, which was a joyful and memorable experience.

Next week, I will be attending the Infectious Diseases ward, where I look forward to gaining further clinical experience.

Thank you for your continued support in my journey.

Kind regards, Amy



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Part of the Process of Electronic Engineering Study (February)

I am currently studying in the second semester of the fourth year of electronic engineering.

My school schedule is from 9:00 a.m. to 4:00 p.m. Most of the periods are lecture-based. The lectures focus on networking, automation, and electrical machines.

This month, I completed two group presentations and one practical. The presentations were conducted in class, so there was less pressure. The practical involved preparing a data-carrying cable, which was interesting.

I hope that what I am learning today will be beneficial to me and my community in the future.

Because of your support, I can continue my journey as an engineering student without concern. I truly value this opportunity and am striving to become a good electronic engineer. I sincerely thank you very much for your support.

Hnin Htet Htet Htun



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My Journey as an Architecture Student: Update

I am May Bhone Chit, a second-year architecture student. I would like to share my learning journey and experiences in the architectural field during this semester. As a second-year student, I am studying major subjects such as Fundamentals of Architectural Design, Architectural Presentation III, Design studio, along with four minor subjects.

This semester has been the most challenging for me because I experienced my very first jury presentation. Through this process, I have been learning about architectural soft wares, structural concepts, architectural scales and aesthetic design principles besides my academic subjects.

Although I worked hard on my jury project, I was not fully satisfied with the outcome, mainly due to my presentation skills. However, I have learned a lot from this experience. I am now working on improving my presentation techniques and continuously developing my skills so that I can perform better in future projects.



Despite all these challenges, I am still passionate about becoming a great architect and contributing positively to society. None of these would not have been possible without your support.

I sincerely thank you for providing me with such valuable opportunities and encouragement. Without your encouragement and support I am not sure I would have been able to continue pursuing my dream.

With appreciation and respect,
May Bhone Chit